

I Pledge

My Head
to Clearer Thinking

My Heart
to Greater Loyalty

My Hands
to Larger Service

My Health
to Better Living

For My Club,
My Community,
My Country,
And My World.

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University of California
Agriculture and Natural Resources
4-H Youth Development Program



THE CLOVERLEAF

of Contra Costa County 4-H

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Letter from the Editors: "I Pledge My Hands"

Outside, the birds are chirping, the flowers are blooming, the sun is shining and the breeze is blowing. What great weather to go outside and volunteer to help somebody! The month of April is National Volunteer Month, so we should take advantage of the opportunity to serve our club, community, country and world.

There are many ways for us to serve our clubs. We can sign up to organize a craft or snack at the club meetings, put on a presentation to educate your club, or maybe participate in your monthly Community Pride activity. If you are unsure about what to volunteer for to help your club, you can ask your club leader.

Working together to perform everyday tasks is extremely beneficial to our community. Picking up trash can reduce litter, volunteering at the library can create organization, and even being a friendly neighbor can brighten somebody's day. Many cities have clean-up events, like Clayton Cleans Up on April 21, where volunteers come together as a community to make a difference. Our communities are in need of many volunteers, and we can help fulfill some of those needs.

Becoming a better citizen can create an impact on our country. As 4-H, we can leave a legacy of helpfulness and willingness to serve others. Along with growing up to be a respectful, law abiding citizen, we should show others how to do the same.

While changing the course of history for the whole world may be a slightly lofty goal, the little things we do every day can make an impact. Setting a good example can influence everybody around you, and while you may or may not become world famous, together we can improve our world one community at a time.

From Your Cloverleaf Editors,

Johanna Busk, Olivia Flamino, Melody Hollingworth, and Sophie Brockman

Presentation Day 2018: The Teamwork Behind the Scenes

By Ally Adams, Briones 4-H

Everyone in 4-H has either heard of or been to Presentation Day, but not many have hosted it. I'm also sure that not many think about how it's done or what it's like being in charge of it all.

This year it was Briones 4-H's turn to host, and I (Ally Adams) took lead. Being a small club, it was a tough job, and I had to make sure everyone was on task and got their jobs done. Everyone within the club had a job; everyone was important.

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From poster designers, newsletter writers, and even right down to the set-up crew, we all had to come together to make it work.

As the chairperson of the event, I had to constantly keep a tab on who did what and when. I was always calling, texting or emailing members: asking them for favors or finding out if they had their part done. As if that wasn't enough, I had some things I personally had to do: I signed the certificates for gold winners and, during the event, I ran back and forth between rooms to make sure everything was set up and the tally room had everything they needed. I also was presenting, so I had to check back in once and a while to see if it was my turn. Because of all this hard work, the event was successful!

If you ever have thought about being the chairperson for this event, I'll let you know it is a stressful job; but that's where your lovely 4-H'ers come in. They will gladly help you with anything so you are never alone and doing everything yourself.

This event also gives you leadership for your record book and can help you reach your next star. So don't be afraid to try things out of your comfort zone and never be afraid to ask for help. There is always someone to help you, and at Presentation Day, you'll be glad for it!



Vet Science Project Competes at State

By Jillian Maghoney, Claycord 4-H

On March 3, 2018, U.C Davis held its annual Field Day competition. Students and 4-H members came from all over the state to compete in different areas. Three members of Claycord 4-H (Clara Brockman, Shea Gallagher, and I) entered the veterinary science portion of the Field Day competition.

As part of the competition, we did a series of tests from breed identification and parasite identification, to medical equipment identification. We also did practicums which involved applying medication to an animal and removing bandages. Claycord 4-H happened to be the only 4-H club to enter this year and we were a small group compared to the dozens of FFA members.

Although we did not score high enough to receive any awards, it was a good experience and I look forward to attending again.

Meanwhile... On a Farm Near You

By Tapanga Lewis, Knightson 4-H



Farm Kids Understand

By Riley Lewis, Knightson 4-H



Feather Fun at the Stanco Poultry Show

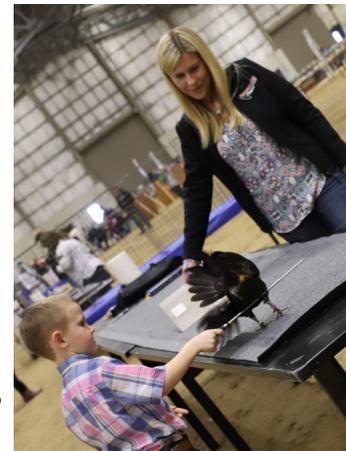
By Melody Hollingworth, Claycord 4-H

The 6th annual Stanislaus County Youth Poultry Show was held on March 10, 2018. It was an exciting and fun-filled event, specially organized for youth, ages 5-18 years. There were several levels of Showmanship, namely, Minis, Novice, Juniors, Intermediate, and Senior. Besides Show and Showmanship, there were also an Obstacle Course, a Photo Contest, an Educational Poster Contest, a Knowledge Quiz and Breed Judging.

Mini Showmanship was a category for all Primary Members, ages 5-8 years. Novice Showmanship was for all youths, ages 9 and up, who were showing chickens for the first time. Junior Showmanship was for youths, ages 9-11. The Intermediate category was for youths, ages 12-13. And finally, Senior Showmanship, for youths ages 14-18, was the most competitive of all the levels.

A fun activity at the show was the Obstacle Course which had several obstacles for the show birds to walk through and overcome. Youth members were allowed to use treats and walking sticks to guide their birds. The Educational Poster Contest featured many posters; topics ranged from embryology, getting your first chicken, to buying your first coop.

The Knowledge Quiz consisted of several poultry questions such as, "True or False: all duck eggs take 28 days to incubate." The answer to that is false as Muscovy ducks take 35 days to incubate. The final event was Breed Judging. For this event, several bird breeds were lined up in cages, and the contestants job was to rank the birds from worst to best.



Claycord 4-H had several members who participated: Clara Brockman, Warren Brockman, Maya Maghoney, Megan Eberhart and Melody Hollingworth.

I am very grateful to my leaders, Mrs. Brockman and Mrs. Gallagher, for encouraging me to participate in this event. In the course of preparation, I learned a lot and placed first in Novice Showmanship. I hope to participate in the Stanislaus County Youth Poultry Show again next year, and I encourage anyone who is interested in poultry to participate in it next year.

My First Time Participating in Fashion Revue

By Livi Flamino, Claycord 4-H

On April 29, 2017, 4-H Members from all over the county assembled at Fair Oaks Church in Concord, carrying their newly sewn outfits. I brought with me the blue tunic I had sewn on a hanger, and the presentation I had prepared in my head. After changing into my tunic, I walked up the stairs to the room where we would be saying our presentations to the judges. Because I had entered my tunic in the traditional category, I was lead to a door where I was to wait with two other girls who had also entered in the traditional category.

Soon, it was time to enter the room where three judges were waiting. I was so nervous I was shaking from head to foot! Since the two other girls seemed as if they were ready, I steadily walked through the door. I soon overcame my fear though, when one of the judges accidentally called me "Levi", instead of "Livi".

When I found myself standing before the judges, I knew it was time to give my presentation. I told them my name, what I had sewn, why I chose that certain fabric and color, when I would wear my outfit, and other things the judges should know about it. When I finished, the judges asked me to turn around to see the back of my tunic. I then stepped back to wait at the end of the room until the last girl finished her presentation.

Once we walked outside, I breathed a sigh of relief that I had not messed up my presentation. After about 15 minutes, all the participants were called in again to model our outfits in front of all of the judges. After that, we were given a short break before it was time to go on stage to model our outfits in front of parents, siblings, and friends. Going on stage, was for me, the scariest part of Fashion Revue. However, as soon as I stepped down from the stage, I felt less scared of going in front of people.

I think everyone should enter Fashion Revue at least once. Each year there are several categories from which to choose. There is even one category in which you don't have to sew, but instead you are tested on your ability to shop for an outfit on a shoestring budget (the consumer science category).

Out of all the 4-H events I attended last year, Fashion Revue was my favorite.

Fair

By Samantha Gianelli, Tassajara 4-H

Fair is coming soon
Let's break out the balloons,
And make some noise,
For all the girls and boys
Who worked so hard all year,
To bring everyone cheer.
Whether through goats and pigs,
Or a side table made of twigs.

This event lets them show,
How much they really know,
The date,
May 17 through the 20th.
Come then to see
Cattle and sheep
As well as pigs
(Who make great meat),

But at the fair there won't be any horses.
But these creatures can be seen
On May fifth in the show ring
At Rafter D Ranch.
So come on out
Give us a cheer,
For all the hard work,
We put in this year!



Showmanship Clinic

By Samantha Gianelli, Tassajara 4-H

Showmanship Clinic quickly passed. This year, it was held at a beautiful location, Borges Ranch, on March 24th, 2018.

It was a fun event where members came to learn how to show both large and small livestock.

The club that put Showmanship Clinic on did a wonderful job organizing it, and got amazing people to teach each station. These ranged from project leaders to actual judges, who were able to give us insight as to what they look for in either a showman or an animal.

If you are in or would like to join a livestock project, this is the event for you. I hope to see you next year!



Attention All 4-H Members!

Fair will be here soon, so don't forget to enter your animal or exhibit before

April 13! To enter, contact www.contracostafair.com

Thank you Noah's Bagels for donating 258 Bagels to the Showmanship Clinic!



Thank you Peet's Coffee & Tea for donating coffee to the Showmanship Clinic!



The Challenge

By Clara Brockman, Claycord 4-H

Where is the location of the proventriculus? What is a cuticle? How many eggs can a duck sit on and hatch? What is the difference between a frittata and an omelet? These are some questions that you may be asked in the Avian Bowl. The state qualifier for this year's competition was held on Feb. 24, 2018, in Fresno. According to the National 4-H Avian Bowl Manual, the purpose of the tournament is to "encourage youth to expand their knowledge of avian facts and become proficient in poultry management and related subjects."

Claycord 4-H sent two teams to the knowledge contest this year. The senior team included Shea Gallagher, Clara Brockman, Johanna Busk, and Araceli Carrillo-Medrano. On the junior team were Melody Hollingworth, Marc Brockman, and Warren Brockman. Both teams studied many categories from the manual from December through February and practiced weekly to prepare for the event.



As a double elimination competition, it required two teams to face off against each other on either side of a table. Teams consisted of two to four members. The modifier asked questions taken from the study packet and the first challenger to press the buzzer was acknowledged and asked to answer. The modifier either confirmed a correct answer or allowed the other team a chance to answer. Our teams played multiple rounds and eventually both came in 4th place.

I think studying for Avian Bowl was the most difficult part of the event. Participants had to memorize information from eight different categories including turkey management, raising waterfowl, egg cyclopedia, embryology and more. Even though we didn't win, and it was tough tournament, we hope to compete again next year. We would also love to have members from other clubs to participate with us next year in Avian Bowl 2019. It was fantastic experience!

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What Does 4-H Mean to You?

Olivia Flamino, Claycord 4-H

How would you define 4-H? Some might say it is educational, others exciting, and many might say that it is a good way to get together with friends. To me, 4-H is a wonderful way to learn new things with friends who share the same interests as I do.

But, what does 4-H mean to you?

Submit your definition—and include your story if you'd like—to the Cloverleaf at cloverleaf.editors@gmail.com. We hope we'll hear from you!



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736-8387



Dance for Food



Learn to Cha Cha, Waltz and line dance while supporting the Food Bank.

Day: Saturday, April 14th

Time: 10:00AM to 1:00PM (Dance clinic first hour)

Location: 100 Northgate Rd. Walnut Creek

Admission: 2 food donations* see approved items

WHAT KIND OF FOOD SHOULD YOU COLLECT?

Canned Meat, Fish & Soups, ready to eat meals, fruit, vegetable & tomato products. Peanut Butter in plastic container, Iron Rich Cereal, 100% Fruit Juice, Dry Beans, Enriched Rice or Pasta and Powdered Milk.

ANY QUESTIONS? Contact Brandon Christensen
danceforfood@contracostawh.org

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The Cloverleaf Classifieds

BUNNIES FOR SALE



Mixed Breed

1/2 Californian, 1/4 Rex, 1/4 Belgian Hare.

Adoption date 4/20.

Cost: \$10

Contact

the Gallagher Family at

galaghers222@gmail.com

for more information

BUNNIES FOR SALE

Black Lionhead Doe

Almost 3 years old, carries tort gene, and had tort kits.

Has Pedigree. Nice pet.

Cost: \$15

Red Mini Rex Buck

Almost 3 years old. Won best of breed 2 years in a row.

Has Pedigree. Really beautiful rabbit, carries castor trait.

Cost: \$25

Contact The Maghoneys @ **925-303-3829**

CAGE FOR SALE

KW Double Hole Wire Rabbit Cage

Has removable divider, 2 doors, pan, urine guards and raised legs. Good Condition

Cost: \$40

Contact The Maghoneys @ **925-303-3829**

Upcoming 4-H Events

Fashion Revue Workshop

Date: April 13, 2018

Time: 7:00 pm - 8:00 pm

Contact: **mbrockman@newnetwork.cc**

Location: UCCE County Office, Pleasant Hill

Emerald Star Dance For Food

Date: April 14, 2018

Time: 10:00 am - 1:00 pm

Contact: **danceforfood@contracosta4-H.org**

Location: 100 Northgate Rd, Walnut Creek

4-H Horse Day

Date: April 22, 2018

Time: 8:00 am - 2:00 pm

Contact: **cara278@gmail.com**

Location: Heather Farm Equestrian Center, Walnut Creek

County Fashion Revue Event & County Stills Exhibit Event

Date: April 28, 2018

Time: 8:30 am - 2:30 pm

Contact: **fashionrevue@contracosta4h.org**

Location: Old River School, Brentwood

Contra Costa County Fair

Date: May 17 - May 20, 2018

Time: All Day

Contact **www.contracostafair.com**

Location: Fairgrounds, Antioch