

I Pledge

My Head
to Clearer Thinking

My Heart
to Greater Loyalty

My Hands
to Larger Service

My Health
to Better Living

For My Club,
My Community,
My Country,
And My World.

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Letter from the Editors:

Summer vacation is fast approaching, and for some it may already be here. The fair is over, camp is almost here, and 4-H is finishing up for the year. This is the time for relaxation and to take a break from responsibilities with school and 4-H, once you get your record book done for this year.

Many people have summer traditions, like going on vacation or camping. Some people make certain foods or spend time with people they don't always get a chance to. Maybe you just take the opportunity to stay at home and sleep in.

This year, think about what you do during the summer, and maybe even start some new traditions. Summer is a great time to volunteer and give back to your community as well, so consider helping out around your town. Most importantly of all, have fun! Spend time with your friends and family, go swimming, sleep in, and enjoy a break from the regularity of the rest of the year.

Sincerely,

Evelyn Young, Editor



State Field Day

By Johanna Busk

A couple of weeks ago, I had the pleasure of attending State Field Day 2019. Every year, tons of 4-H'ers travel from all around California to participate in the fun activities that surround this fantastic event!

The two main parts include State Presentation Day and State Fashion Revue. The event also consisted of entomology, horticulture and interview contests, a Robotics and computer display, a police dog demonstration, a welding booth where participants learn to weld, fun crafts like making scrunchies and slime, and so much more!



The main reason that I came to this event was to participate in Presentation Day. I presented an Educational Display about Egg Judging and also served as a Room Host and Room Runner for the first time. I enjoyed taking on that responsibility and leading the room in that manner. After all of the presentations in my room had finished, I walked over to the Police Dog Demonstration. A police officer showed spectators the kinds of tricks that he and his fellow officers trained their dogs to do. He took the dog through a complicated obstacle course with jumps, ladders and more, then the dog sniffed out his car keys which the officer had thrown across the yard. After watching many skills the dog demonstrated, I headed over to the computer and robotics booth where we could program a robot on a computer to perform tricks and complete an obstacle course. Lastly, I filled out the entomology contest test. At the end of the day, awards were given for the presentations, and we could cheer for our fellow 4-H'ers.



2019 State Fashion Revue Through the Lens

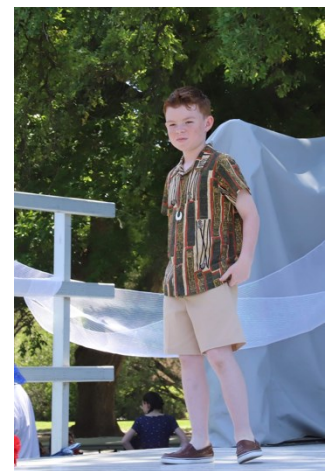
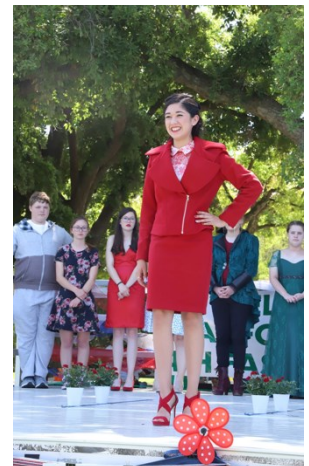
By Melody Hollingworth, Claycord 4-H

The sun beat down relentlessly on the State Fashion Revue (SFR) participants and audience, yet the smiles on the faces onstage and cheers from the audience, as each participant proudly modeled in their outfits, made the event worthwhile. This year, as the photographer, I had a new point of view of the event. I could see



how each participant had taken time to put together their outfits, and the efforts had not been in vain. Every color was perfectly complemented, and each seam was finished to give a neat and professional look. This was the 2019 State Fashion Revue that I saw through the camera lens.

This year, the categories were Consumer Science, Box Challenge, Make it Mine, Retro/Historical, and Traditional. Everyone had made their outfits to fit within the category, yet no outfit was the same. The unique style and color choices made each member's outfit their own. I could see the creativity shine through, as they modeled on the stage.



Despite the heat, I truly enjoyed attending SFR this year, and look forward to another great time next year.

Meet Our County Council President Julie Carter!

By: Samantha Gianelli, Tassajara 4-H



4-H is all about learning how to have balanced partnerships of youth and adults, and throughout all of 4-H there are thousands of volunteers who donate so much of their time and support to whatever they may be involved with. Julie Carter is one of those parents who has gone above and beyond. I asked Julie many questions in an interview, and hope you enjoy what she had to say!

Q: Are you a 4-H Alumni?

A: Unfortunately No.

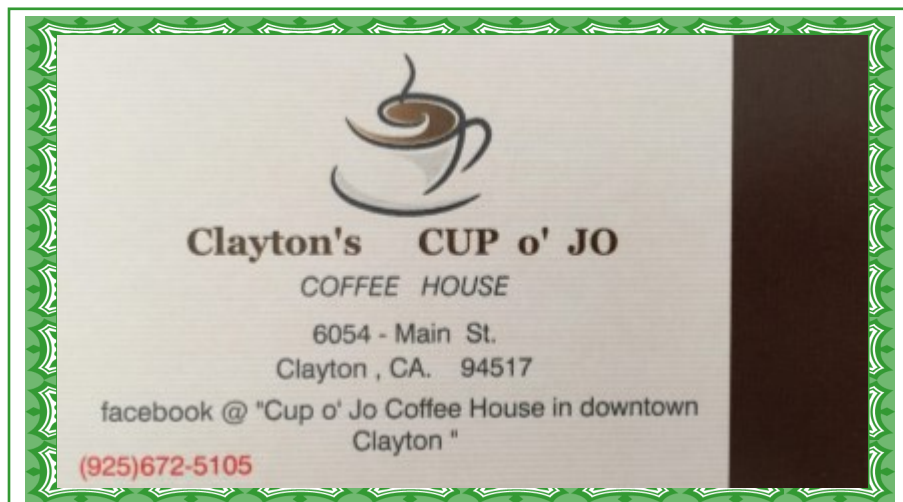
Q: How long have you been a volunteer in 4-H?

A: Since Nicole (her daughter) joined in 2013, that's six years!

Q: What leadership positions have you held as an adult volunteer, and what was your favorite?

A: Parent Volunteer, Treasurer Advisor, Project Leader, Co-Community Club Leader, County Council Representative, County Council President, and 2019/2020 County Council Vice President.

I've enjoyed being the Project Leader for Arts & Crafts and Hodge Podge (DIY Spa). These projects were geared toward 4-H primary members.



Meet Our County Council President Julie Carter! (cont.)

A: Pick a project that sparks your interest and then be an active participant in that project. Use knowledge gained from the project(s) and participate at county events. Contra Costa county events are really fun, educational and you meet lots of 4-H'er's. Start with Food Fiesta or Project Skills Day and work your way up to Presentation Day! Of course you have to get yourself into the County Fair no matter what project you are in!

Q: What are your favorite hobbies and activities inside or outside of 4-H?

A: Crafting, cooking/baking, shopping, travel and sightseeing to name a few!

Q: Anything else you want the 4-H community to know about you?

A: As a Human Resources Director I can really see the value added to youth who participate and are involved in 4-H!



Note: The donations/proceeds from all the advertisers whose advertisements are published in this issue of The Cloverleaf will be used to promote 4-H educational programs. No endorsement of the products or services by 4-H is implied or intended.

Artist Corner



By: Samantha Gianelli, Tassajara 4-H

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Upcoming 4-H Events

California State Fair

Date: July 12– July 28
Location: Cal Expo

County Record Book Judging Day 1

Date: August 2nd
Time: 5pm
Location: 2380 Bisso
Lane, Concord

County Record Book Judging Day 2

Date: August 3rd
Time: 9am
Location: 2380 Bisso
Lane, Concord